

METHOD AND SYSTEM FOR GENERATING LOW JITTER NRZ OPTICAL  
DATA UTILIZING AN OPTICAL PULSE STRETCHER  
ABSTRACT OF THE INVENTION

- The invention pertains to method and system for generating low jitter  
5 optical data encoded in a first format, enabling the transmission of low jitter  
optical data encoded in the first format. Moreover, the invention pertains to  
utilizing an optical pulse stretcher to convert optical data encoded in a  
second format to optical data encoded in the first format.